

YOUTH PRESS

Youth Clubs Hampshire and Isle of Wight Working to Enable Young People to Fulfill Their True Potential

Company limited by guarantee. Registered in England and Wales no. 3630280. Registered charity no. 1072005
The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk

TIME TO RE-AFFILIATE

Youth Clubs Hampshire and Isle of Wight's affiliation year runs from 1st April to 31st March so the current year is drawing to a close. We will shortly be sending a renewal pack to all our members to enable you to join up again for the 2010-11 year and would be grateful if you could complete and return your pack as promptly as possible.

Here's a quick reminder of the benefits of affiliation...

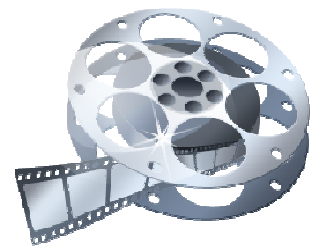
- **Club Visiting Scheme**, where we visits a club/project/group and work with the youth workers to develop their club programme for young people: a variety of types of visits including workshops, games and issue-based projects are available
- **County-Wide Programme** of events and activities for young people
- Regular **newsletter**
- Access to **Advice and Information**
- **Support** with Child Protection, Health & Safety and other policies and practices
- Access to a wide range of affordable training and development opportunities
- **Resource bank** of publications, videos, CD ROMs, and various other equipment
- Access to comprehensive **insurance** scheme
- **Youth Achievement Awards** - a programme designed to recognise young people's learning

Call us on 01962 852307 or email secac.ychiow@ukonline.co.uk for more information.

WANT TO BE ON THE BIG SCREEN?

YCHLOW are looking for clubs/groups/projects who would be interested in taking part in a film making project in the future.

We are currently working with a community film making group to look at running a project that teaches young people all the skills of film making (including animation) and then allows them to develop and make their own film on their own subject. They would then take the film out into the community to show off their work.



Groups would need to be prepared to take part consistently for a minimum of 6 weeks and there would be a cost involved. This looks to be a fantastic opportunity with some great positive results!

Do you work with a group of young people who would be interested? Contact Lynsey on 01962 852307 or email ac3.ychiow@ukonline.co.uk

CONTENTS

- | | |
|---|---------------------------------|
| 1. Time To Re-affiliate and Opportunity | 3 Hot Topic: Smoking |
| 2. CAT Mark | 4. Funding and Training Updates |

FRESH IDEAS

Picture the scene... a termly planning meeting; workers and volunteers sitting round desperately racking their brains trying to create a whole new programme of exciting activities to keep the young people busy and involved... sound familiar? Well, the YCHLOW In2Action Team can help, we offer a wide range of long term workshops that we come out and deliver with you in your club/group/project.

Just some of our workshops are:

Positive Portraits : A digital photography project where young people create a gallery of photos showing the positive image of youth.

Making the News: a film project where young people develop a film reel about their local community to show to others.

Chic or Unique : A workshop that looks at trends, image, body image and then puts on an alternative fashion show.

Beat the Bullies: A workshop for young people to think about all the issues and emotions surrounding bullying and then create something that passes on that message to other young people.

Pass it On: Peer Education, providing young people with the skills they need to educate and inform others.

Get Involved: Got young people with lots of ideas and enthusiasm? This workshop helps them harness those skills and find ways to really get involved and participate in their local community.

Young Leader Training: for those young people who want to get more involved in their group/club or project, training around equality, safety, planning, risk and leadership skills.

So, how does this work in practice?

We ran Young Leader Training at The Base in Hook, they had a group of young people who were already getting involved, helping out and running the tuck shop, but they wanted to do more. We went in once a month and ran a 2 hour session, full of activities and games. This all led towards the young leaders planning and running their own session for the club, they organised a music quiz night which went down a storm ! Those young people are still volunteers at the club now, but much more involved and capable and they have also become CAT Mark Assessors.

“We have benefitted by the young people being able to use their own initiative and they have taken away increased skills and confidence”

Jeanne-Marie Steeles, Youth Leader.

Interested? Then get in touch, workshops run between 2 and 6 sessions, but are flexible. Nothing there that you fancy? Still call us, we can often tailor sessions to your needs. Call Lynsey on 01962 852307 or email ac3.ychiow@ukonline.co.uk

• HOT TOPIC • HOT TOPIC • HOT TOPIC • HOT TOPIC •

This section of our newsletter aims to provide some information and food for thought... If you want to discuss any of the information on this page in more detail then give us a call on 01962 852307.

SMOKING YOUNG PEOPLE

Smoking is bad for you. You cannot smoke in public buildings or the workplace. Whilst there used to be a great deal of direct and passive smoking taking place at youth clubs and projects this is now not the case, youth clubs are now smoke free zones... or are they?

Whilst it is true to say that no one should smoke in a youth club because it is normally a public building and someone's workplace, there still seems to be a great deal of smoking going on outside. Quite often visitors pass through a cloud of cigarette smoke to get into the club. Not the healthiest of activities and not the most attractive first view of a youth club.

Here are some questions about this topic.

If young people are allowed to go outside for a cigarette who has responsibility for them whilst they are outside and what happens if there is an incident? In other words do you still have a Duty of Care for these young people whilst they are involved in a potentially life threatening activity?

How do you work with these young people to ensure they are making an informed choice to pursue this activity?

If you go outside to check on their safety or to talk to them about the risks involved in smoking does this then make this space your work place and therefore legally a smoke free zone?

By allowing this activity are you condoning it and fuelling it as the norm for those members who have not yet taken it up?

How do you ensure that you are not providing a negative role model by smoking in front of the young people?

Should you do what clubs and pubs do and provide a smoking area for these young people?

Is 2 hours too long to expect a hardened smoker to go without his/her fix?

What do the parents of these young people think?

What do the other young people think?

Who clears up the mess?

Why not take some time to sit down as a staff team and talk through these various points to come up with a policy on smoking for your youth club. Young people can also be involved in this process. Having a clear policy will help ensure that you give a clear and consistent message to the young people who attend your club, group or project.

STOP PRESS: If you're looking for a useful place to find information about all sorts of different national helplines why not visit: <http://www.itv.com/Lifestyle/ThisMorning/contactus/helplines/>

• Funding • Funding • Funding • Funding • Funding •

FINDING FUNDING

Finding the funds to support the work we do with young people can often be a bit of a challenge... here are some possible sources of funding that you might like to check out...

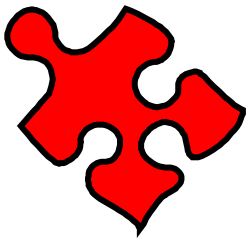
- B&Q Grants: http://www.diy.com/diy/jsp/bq/templates/content_lookup.jsp?content=/aboutbandq/social_responsibility_2007/better_neighbourhood.jsp&menu=aboutbandq
- Southern Water Grants: <http://www.southernwater.co.uk/Aboutus/workingCommunity/>
- Hampshire and Isle of Wight Community Foundation: <http://www.hantscf.org.uk/default.aspx?id=90>



• Training • Training • Training • Training • Training •

TRAINING PROGRAMME

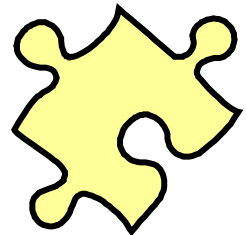
Taking place at the YCHLOW offices in Winchester...



Child Protection (Safeguarding)

Understand the basics of Child Protection, how to spot signs and symptoms of abuse and what action to take.

Saturday 13th March 2010, 10am-4pm



Dealing with Challenging Behaviour

Tips and techniques about how to handle those tricky situations where young people's behaviour is verging on being 'out of control'.

Saturday 19th June 2010, 9:30am-4:30pm

Risk Assessment

An introduction to the concept of Risk Assessment as a method to minimise risk and create a safe environment for young people and workers.

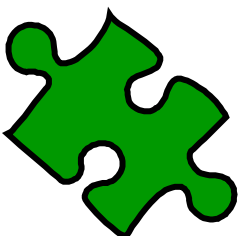
Saturday 10th July 2010, 10am-4pm

First Aid

Taking place at the Red Cross Centre, Winnall Close, Winchester, SO23 0LB

A one day course to help you get to grips with the basics of being a First Aider.

Saturday 15th May 2010, 9:30am-4:30pm



Don't forget about our tailor-made training options too!!!
Call us on 01962 852307 for more information.

