

You and Young Leaders

What is a young leader? How can they contribute to your youth club, group or project and how can you support them.

Breaking the Ice with Young People

A range of ideas to get you and your team communicating with young people covering issues from that first conversation with a new young person to maintaining appropriate, professional boundaries.

Planning, Doing and Reviewing Youth Work

An introduction to the concept of planning positive outcomes for young people and looking at how this can be achieved through planning and evaluating your work.

Icebreakers and Games

A range of fun activities that you can use in your club, group or project to get things started, encourage teamwork and build positive relationships.



TRAINING OPTION 3 The Basics

Ideal for those new to youth work or looking for a refresher, these 4 elements introduce you to the basics of working with young people in youth clubs, groups and projects.

What is Youth Work? An Introduction

Child Protection and Confidentiality

Positively Challenging Negative Behaviour

Planning, Doing and Reviewing Youth Work

Each unit lasts for 2-3 hours and can be delivered in a flexible format to suit the needs of those attending.

To discuss your training needs, request a booking form or book a training event please contact us:

Youth Clubs Hampshire and Isle of Wight

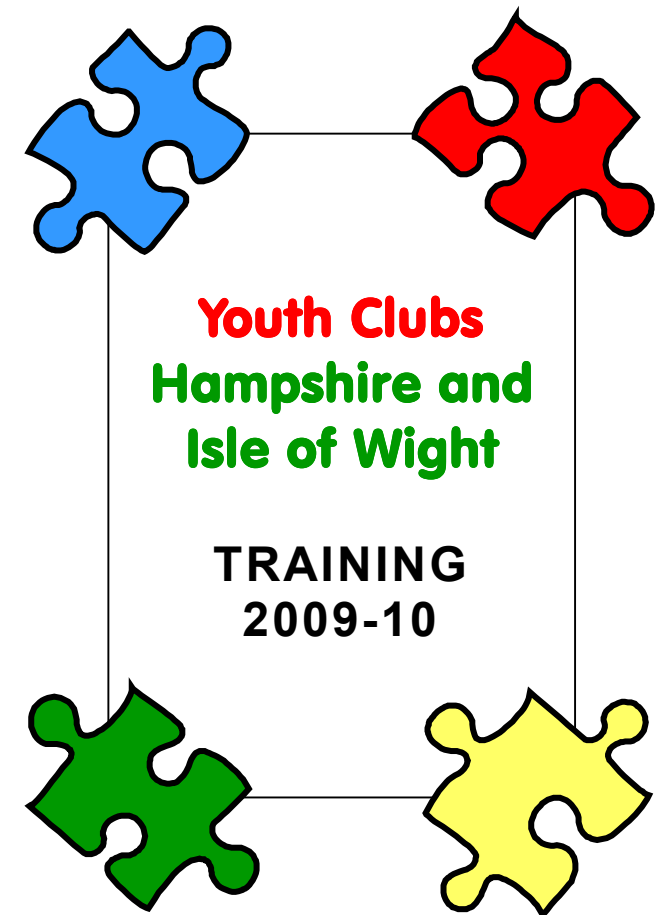
The St Thomas Centre
20 Southgate Street
Winchester
Hampshire
SO23 9EF

Phone: 01962 852307

Fax: 01962 844483

E-mail: fo.ychiow@ukonline.co.uk

Website: www.ychiow.org.uk



**Working to Enable
Young People to Fulfil
Their True Potential**



TRAINING PROGRAMME 2009-2010

Our Training Programme is for those working with young people in an informal education setting such as a youth club, group or project.

We have designed our training programme to make available to you regular and affordable opportunities. Our training is designed to provide youth workers with the skills necessary to help them do their job.

TRAINING OPTION 1: You Come to Us

A range of training events that provide a basic knowledge to help you work safely with young people. Members and non-members may attend these courses, see below for costs.

TRAINING OPTION 2: We Come to You

Covering a wide range of different subjects to help you develop and progress your work with young people. These training sessions are delivered for you and your colleagues. Please contact us to discuss your requirements.

TRAINING OPTION 3: The Basics

Designed as a gentle yet thorough introduction to youth work, this 4 part course is an ideal induction for new workers or those who'd like a refresher.

TRAINING COSTS:

Option 1: These are open to members at a cost of £5 per participant or £25 per non-member. (See booking form for full terms and conditions)

Options 2 and 3: we want to make our training as affordable and accessible as possible and in most cases it is possible to provide some training to our members at no cost, although donations towards covering our costs are very much appreciated. Where there is a cost for training we can support you to identify appropriate funding.



TRAINING OPTION 1 You Come to Us

Taking place at the YCHLOW offices in Winchester...

Risk Assessment

An introduction to the concept of Risk Assessment as a method to minimise risk and create a safe environment for young people and workers.

Saturday 12th December 2009 10am-4pm
Saturday 10th July 2010, 10am-4pm

Child Protection (Safeguarding)

Understand the basics of Child Protection, how to spot signs and symptoms of abuse and what action to take.

Saturday 14th November 2009 10am-4pm
Saturday 13th March 2010 10am-4pm

Dealing with Challenging Behaviour

Tips and techniques about how to handle those tricky situations where young people's behaviour is verging on being 'out of control'.

Saturday 27th February 2010 9:30am-4:30pm
Saturday 19th June 2010, 9:30am-4:30pm

**Taking place at the Red Cross Centre,
Winnall Close, Winchester, SO23 0LB...**

First Aid

A one day course to help you get to grips with the basics of being a First Aider.

Saturday 3rd October 2009 9:30am-4:30pm
Saturday 15th May 2010, 9:30am-4:30pm



TRAINING OPTION 2 We Come to You

Want something designed and delivered just for you and your colleagues? Pick and mix from our selection of in-house training. These courses are designed to be flexible to suit your needs. Each course requires a minimum of 2 hours.

Child Protection and Confidentiality

An overview of the signs and symptoms of abuse, what to do if you have concerns and your obligations and responsibilities.

What is Youth Work? An Introduction

Exploring the key principles and concepts that make youth work a unique and rewarding way to work with young people.

Positively Challenging Negative Behaviour

Tips and techniques to help you handle those trickier situations leading to happier outcomes for all.

Peer Education Work

Enabling young people to develop their own knowledge and understanding of a range of key issues and pass this on to others.

Accrediting Young People's Contributions

An introduction to accreditation looking at both formal and informal tools you can use including the Youth Achievement Award Scheme.

Getting Young People Involved

Providing opportunities for young people to make a meaningful contribution to your youth club, group or project.

Going Off-Site and Doing Residentials

An overview of planning successful events outside your usual youth club session.