

You and Young Leaders

What is a young leader? How can they contribute to your youth club, group or project and how can you support them.

Breaking the Ice with Young People

A range of ideas to get you and your team communicating with young people covering issues from that first conversation with a new young person to maintaining appropriate, professional boundaries.

Planning, Doing and Reviewing Youth Work

An introduction to the concept of planning positive outcomes for young people and looking at how this can be achieved through planning and evaluating your work.

Icebreakers and Games

A range of fun activities that you can use in your club, group or project to get things started, encourage teamwork and build positive relationships.



TRAINING OPTION 3 The Basics

Ideal for those new to youth work or looking for a refresher, these 4 elements introduce you to the basics of working with young people in youth clubs, groups and projects.

What is Youth Work? An Introduction

Child Protection and Confidentiality

Positively Challenging Negative Behaviour

Planning, Doing and Reviewing Youth Work

Each unit lasts for 2 hours and can be delivered in a flexible format to suit the needs of those attending.

To discuss your training needs, request a booking form or book a training event please contact us:

Youth Clubs Hampshire and Isle of Wight

The St Thomas Centre
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SO23 9EF

Phone: 01962 852307

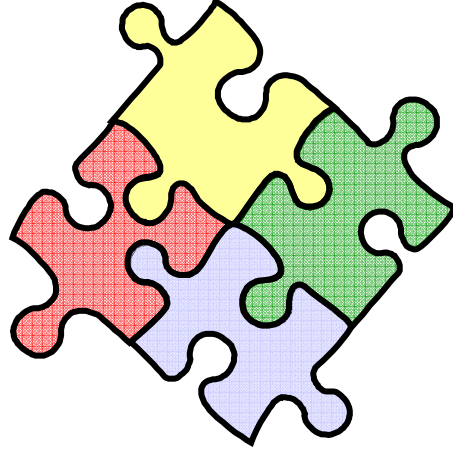
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Working to Enable
Young People to Fulfil
Their True Potential

Training Programme 2008-09



**Youth Clubs Hampshire
and Isle of Wight**



Our Training Programme is for those who are working with young people in an informal education setting such as a youth club, group or project.

We have designed our training programme to make available to you regular and affordable opportunities to take part in the kind of training we think all youth workers need to help them do their job.

TRAINING OPTION 1: You Come to Us

Taking place at our offices in Winchester, these training programmes cover the basics for working safely with young people. They are open to workers from any affiliated youth club, group or project and to non-members at an additional cost. Places have to be booked in advance and a small cost of £5 per member participant applies. (Terms and Conditions apply, see booking form for details.)

TRAINING OPTION 2: We Come to You

Designed for you and delivered at a time and place that meets your needs, this second training option is all about providing you with training that meets the specific requirements of the staff and volunteers at your youth club, group or project. Pick from the 'set menu' or tell us your requirements and we'll tailor-make a training course to meet your needs. Groups can book up to 4 free sessions per year, after this the cost will depend on individual circumstances and requirements.

TRAINING OPTION 3: The Basics

Designed as a gentle yet thorough introduction to youth work, this 4 part course is an ideal induction for new workers or those who'd like a refresher. Members can book 1 free 'Basics' course per year, after this the cost will depend on individual circumstances and requirements.



TRAINING OPTION 1
You Come to Us

Risk Assessment

An introduction to the concept of Risk Assessment as a method to minimise risk and create a safe environment for young people and workers.

Saturday 16th October 08 10am-4pm
Saturday 21st March 09, 10am-4pm

First Aid

A one day course to help you get to grips with the basics of being a First Aider.

Saturday 13th December 08, 9:30am-4:30pm
Saturday 16th May 09, 9:30am-4:30pm

Child Protection (Safeguarding)

Understand the basics of Child Protection, how to spot signs and symptoms of abuse and what action to take.

Saturday 17th January 09, 10am-4pm
Saturday 25th April 09, 10am-4pm

Dealing with Challenging Behaviour

Tips and techniques about how to handle those tricky situations where young people's behaviour is verging on being 'out of control'.

Saturday 28th February 09, 10am-4pm
Saturday 20th June 09, 10am-4pm



TRAINING OPTION 2
We Come to You

Want something designed and delivered just for you and your colleagues? Pick and mix from our selection of in-house training. These courses are designed to be flexible to suit your needs and the time you have available.

Child Protection and Confidentiality

An overview of the signs and symptoms of abuse, what to do if you have concerns and your obligations and responsibilities.

What is Youth Work? An Introduction

Exploring the key principles and concepts that make youth work a unique and rewarding way to work with young people.

Positively Challenging Negative Behaviour

Tips and techniques to help you handle those trickier situations leading to happier outcomes for all.

Peer Education Work

Enabling young people to develop their own knowledge and understanding of a range of key issues and pass this on to others.

Accrediting Young People's Contributions

An introduction to accreditation looking at both formal and informal tools you can use including the Youth Achievement Award Scheme.

Getting Young People Involved

Providing opportunities for young people to make a meaningful contribution to your youth club, group or project.

Going Off-Site and Doing Residentials

An overview of planning successful events outside your usual youth club session.