



## **MASKS WORKSHOP**

### **What is the workshop about?**

This workshop allows young people to explore issues that are important to them using the medium of drama. Topics such as image, identity and stereotyping can all be brought into this activity. By creating and using masks young people can express views and opinions they may not be comfortable expressing when they are 'in their own skin'.



### **What actually happens in a workshop?**

The workshop is in 2 parts:

1. Mask Making: the young people decorate masks to create a unique character
2. Drama: using a range of props given to them, the young people work in groups to come up with a short piece of drama which they then present to the other groups. They must use all the props they are given and they must use their masks throughout the performance to play the character they have created.



### **What sort of characters can be created? What sort of guidelines are there for the drama?**

There are a number of different themes that the workshop can explore. Each group can decide in advance whether they want a particular theme relevant to them for the young people to work around when making their masks and when doing their drama. The themes can be tailored to help explore one or more of the outcomes for young people in Every Child Matter's which are:

Being Health  
Staying Safe  
Enjoying and Achieving  
Achieving Economic Well Being  
Citizenship: Making a Positive Contribution

Outcomes for young people:

- Increased confidence in ability to express themselves and a chance to explore feelings and expressions leading to greater self awareness (Being Healthy)
- Improved decision making and teamwork skills and using and developing creativity skills (Enjoy and Achieve)

### **WHAT YOU NEED TO PROVIDE**

FELT TIP PENS / MARKER PENS

ARTS AND CRAFT SUPPLIES: E.g. pipe cleaners, feathers, sequins etc

SPACE TO DO SOME CREATING AND SOME DRAMA

