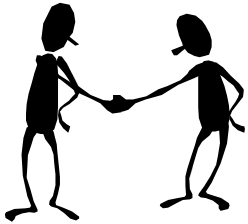
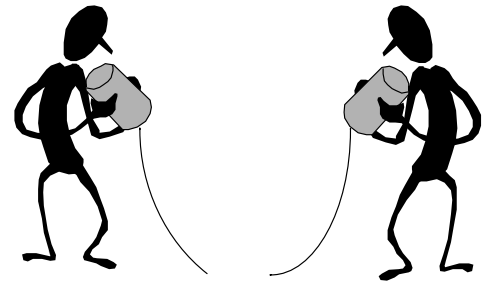




INITIATIVE CHALLENGES

What is this workshop about?

This workshop is a great chance for young people to have some fun whilst taking part in a range of different challenges that will enable them to use and develop a wide variety of different skills.



Working as a team is the key to this workshop as the young people must think about the best way to approach each of the challenges and then decide as a team what to do. There is also time built into the workshops to reflect on team performance and discuss how this can be improved.

What are the challenges like?

There are numerous different challenges that can be incorporated into this workshop depending on the number of young people likely to be taking part, their age range, the space and the time available. These range from small table top challenges to bigger more active tasks.

Outcomes for young people:

- A chance to learn and develop teamwork skills such as communicating and decision making (Make a Positive Contribution)
- Gain a sense of achievement and the increased self-confidence that accompanies it (Enjoying and Achieving)
- Building and strengthening relationships between young people and their peer groups and between young people and their workers

WHAT YOU NEED TO PROVIDE

Masking tape

String

A table with some chairs



In order to be able to offer you the full range of challenges you will ideally need to have an obstacle-free space with a non-slip floor in which to run the workshop. Please let us know if this isn't possible.

