

YOUTH CLUBS HAMPSHIRE AND ISLE OF WIGHT

In 2 Action Workshops

These workshops are part of our In 2 Action project and are mainly delivered over a number of sessions. If you are a member of YCHLOW you can access any of these workshops. Our youth workers will work with you to put together a plan which we will then deliver with you and your colleagues.

POSITIVE PORTRAITS

Using a digital camera to explore the image of young people this workshop incorporates a wide range of different activities to encourage young people to explore image, identity, stereotypes and prejudice. By the end of the workshop the young people will produce a photographic collection of positive images of themselves that can be displayed within the local community.

Every Child Matters: Enjoy and Achieve, Make a Positive Contribution

Time Needed: 2 to 4 sessions

CHIC OR UNIQUE

A fashion workshop aimed at young people looking at fashion, trends, body image, self confidence and the global consequences of fashion. This is a 6 session workshop with games, discussions and activities looking at how fashion affects us both individually and globally. The final project will be to design and make an environmentally friendly outfit.

Every Child Matters: Enjoy and Achieve, Make a Positive Contribution

Time Needed: 6 sessions

MAKING THE NEWS

How much do young people know about their local communities? This workshop is centred around the task of young people making their own local TV News programme. During the workshop there will be activities looking at teamwork and communication skills as well as the chance to learn new skills such as how to use a camcorder and laptop.

Every Child Matters: Make a Positive Contribution, Enjoy and Achieve

Time Needed: 2 to 6 sessions

STAYING SAFE

Hanging out with friends, going out and about on the roads, on the internet; how do young people keep themselves safe? In this workshop there will be a range of different activities all designed to help young people keep themselves, and each other, safe.

Every Child Matters: Stay Safe, Make a Positive Contribution, Enjoy and Achieve

Time Needed: 4 to 6 sessions

BEAT THE BULLIES

The workshop lasts approximately an hour and a half, and looks at what bullying is, how it makes us feel and what can we do about it. The workshop uses a mixture of art and drama to tackle this sensitive subject. At the end of the workshop the young people create anti-bullying posters for their peers. This is a great way to raise a difficult subject with the young people you work with.

Every Child Matter: Being Healthy, Making a Positive Contribution, Staying Safe

Time Needed: 1 to 2 sessions

PASS IT ON

This is a workshop aimed at encouraging young people to pass on their skills and knowledge to other young people in an interesting and exciting way. Using Peer Education for young people to teach and develop others.

Every Child Matters: Making a Positive Contribution, Enjoy and Achieve

Time Needed: 2-4 sessions

In 2 Action Workshops

GO GREEN

An environmental workshop looking at a wide range of 'green' issues then moving on to focus on how 'green' young people feel their local community or their youth club is. The young people have the opportunity to research and evaluate how "green" their community or club is then come up with a plan for change that they can be supported to implement.

Every Child Matters: Make a Positive Contribution, Enjoy and Achieve

Time Needed: 4 sessions

DRUGS AWARENESS

A range of activities that will help to provide young people with the skills and knowledge they need to make informed choices about drugs, make healthier lifestyle choices and take fewer risks.

Every Child Matters: Be Healthy, Stay Safe

Time Needed: 4 to 6 sessions

XPRESS YOURSELF

Being able to express yourself in a positive, effective way is a key life-skill. This workshop enables young people to think about the range of different tools available to them to express themselves and explores topics such as assertiveness, individual roles within a group and how to feel confident. This workshop can also be designed to include interview skills and how to write a C.V.

Every Child Matters: Make a Positive Contribution, Enjoy and Achieve, Achieve Economic Wellbeing

Time Needed: 2 to 4 sessions

WORK IT OUT

A workshop aimed at giving young people skills and self confidence when looking for a job/career work experience. This workshop looks at career choices, education, volunteering, applying for job interviews and any other work, training or education options the young people would like to consider.

Every Child Matters: Make a Positive Contribution, Enjoy and Achieve, Achieve Economic Wellbeing

Time Needed: 4 sessions

GET INVOLVED

This workshop is about getting young people meaningfully involved with their club by understanding more about participation and empowerment and supporting young people to feel more empowered, within their club through either developing a committee or becoming CAT Mark assessors. The young people will also have the opportunity to give feedback on projects already running with In2Action.

Every Child Matters: Make a Positive Contribution, Enjoy and Achieve, Achieve Economic Wellbeing.

Time needed: 4 sessions

COMING SOON... ACT OUT

A new drama based project about the roles of young people in the local community, includes games, discussions and tasks looking at a variety of issues facing young people in their communities.

Young people will write and perform a piece of drama for the local community.

Every Child Matters: Make a Positive Contribution, Enjoy and Achieve.

Time needed: 4 sessions

Did you know... In 2 Action also provide Young Leader Training? Ask us for more details.

INTERESTED? BOOK QUICKLY!

Call us on **01962 852307**

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